

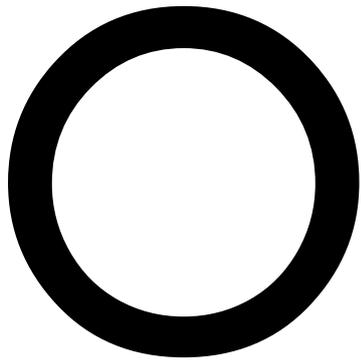


one

arm

the book

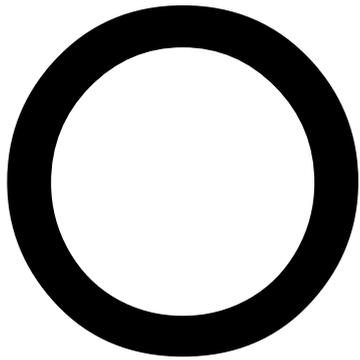
bio



ne arm took shape in

1992 as an all-girl line-up in paris—france (following an earlier « [Jozef & les Philles](#) » experience). Made up of Laure (bass/vocals), Isabelle (Guitar) and Marine (drums), they relentlessly played on the parisian & french post-punk no-wave music scene until 1996/7. Self-labelled « hysterical minimalist », they shared the bill with the likes of Dog-faced Hermans, the Ex, Pram, Moonshake.... And also toured the UK, Switzerland, Belgium, Holland and Germany. They self-released a 9-song tape (sold-out), a 2-track vinyl (recently re-released as digital on [Bandcamp](#) through Atypeek Music) and appeared in numerous CD compilations (visible on their [instagram](#)). A live footage is available on [Youtube](#). The all-girl story took an end around 1997
[to be followed...]

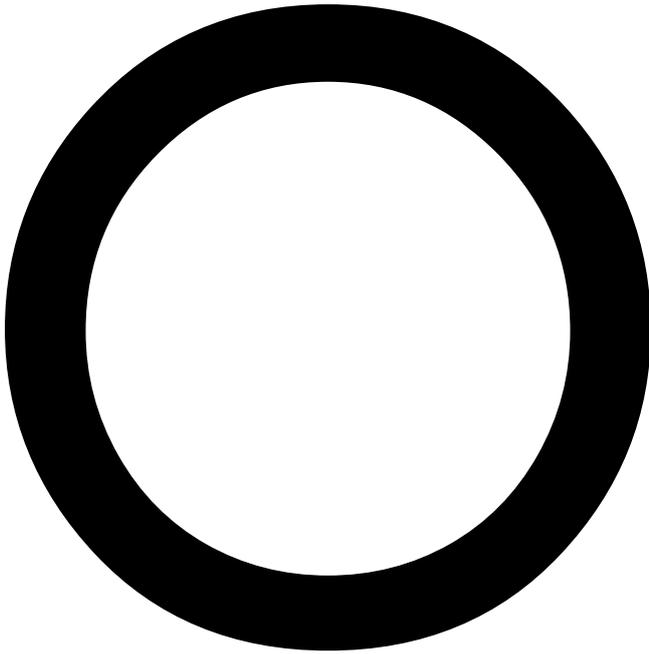
bio₂



ne arm's rhythmic section

(Laure/Marine) decided to extend their collaboration with a new start and hired the rhythm section from « [La Mâchoire](#) », who had recently split up. There came along Dilip (on drums/also ex-[Coronados](#), who had already drummed with the girlz on their last year of recording/touring) and Rico (on bass), making it a singular and symmetrical 2 women/2 men and 2 bass/2 drums lineup. They started creating totally new songs, borrowing only « hitch-raping » from the girl band and « Space is the place » from their side project, a banghra noisy group called... « Mysore Pak ». After a few concerts and a demo that was later to become a remixed, enriched and remastered version of their current album « [Mysore Pak](#) », released on Atypeek Music in early 2021, they took a break as they grew more geographically remote. The highlights of their concerts was supporting Sonic Youth in Paris Elysées-Montmartre. A video clip of their song « real » edited by Pakito Bolino is available on [YouTube](#).

live

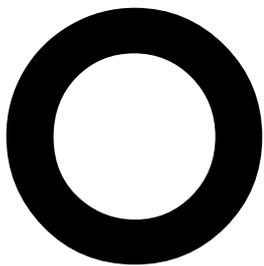


ne arm

played there...

- *Paris (Elysée Montmartre): with Sonic Youth (US)
- *Ris-Orangis (la Dame Bleue): with Hint (Fr)
- *Belgium, Holland & Germany (10 dates tour, amongst which with Chokebore (US)
- *Birmingham (The Jug of Ale): with Pram (GB)
- *Bordeaux (fête de la musique): with Voodoo Muzak, RWA (Fr)
- *Bordeaux (le Jimmy): with Usme Doma (Czechoslovakia)
- *Bourges (Festival off (Emmetrop): with Cut the Navel String
X rated X, Kill the Thrill (Fr), Transmissia (Croatia)
- *Chamberry (le Saxo): with Garaku (Fr)
- *Genève (l'Usine): Girl bands festival (DE, Swiss...)
- *La Rochelle (la Casamance): with Moonshake (GB)
- *Le Havre: with Galaxie (Fr) & Usme Doma (Czechoslovakia)
- *Lille (les arcades – Faches-Thusmenil): with Voodoo Queens (GB) & Moonstruck (Fr)

live₂



one arm played there...

*Londron (Falcon): with Armstrong (GB)

*London (White Horse): with Minxus (GB) & Elevate (GB)

*London (Bull and Gate): with Compulsion (GB)

*Lyon (Volnitz): with Badgewearer (GB)

*Lyon (Exit): with The Ex (Holland)

*Montpellier (Mimi la Sardine): with Moonstruck (Fr)

*Nancy (Terminal Export): with The Ex (Holland - GB)

*Nancy (girl community): with Hammerhead & Janitor Joe (US)

*Paris (Fahrenheit): with Headcleaner (GB)

*Paris (Lasson): with Heliogabale (Fr)

*Paris (le Couvent des Récollets): with Smashing Orange (US)

*Paris (les EPE): with RWA, Sister Iodine, Flaming Demonic (Fr)

***** with Pram (GB)

*Paris (les Instants Chavirés): with Moonshake (GB)

***** with Steeple Remove (Fr)

*Paris (Procréart): with Faith'Healers (GB)

*Paris (Théâtre Dunois): with Moonshake (GB)

*Paris (New Morning): with Sister Iodine & Flaming Demonic (Fr)

*Poitiers (Confort Moderne): with Moonshake (GB)....

*Rennes (les Tontons Flingueurs): with Dog Faced Hermans (Holland)...

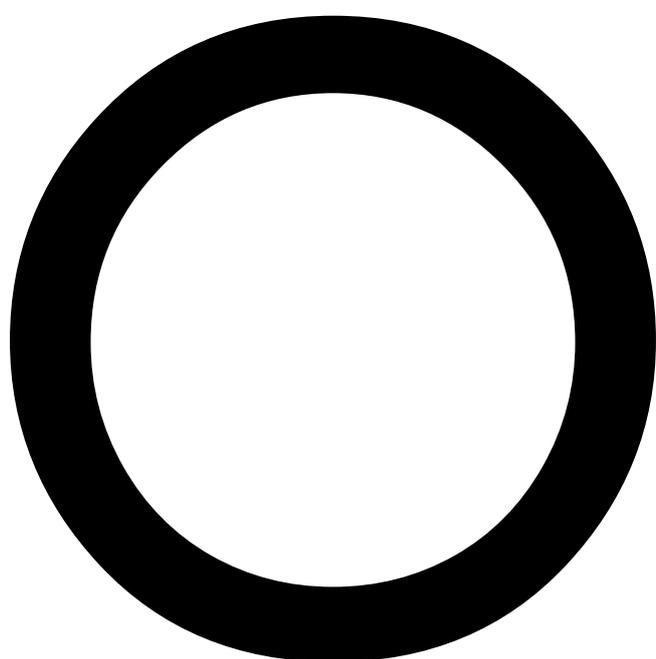
*Ris-Orangis (le Caes): with Dog Faced Hermans & Voodoo Muzak

*Saint-etienne (fête de la musique): with Pond (US)
& Double Nelson (Fr)

*Treglamus: with Sister Iodine (Fr)

*Vitrolles (le Sous-Marin): with Moonstruck (Fr)

disco



ne arm

The Boyz & Girlz

Album « **Mysore Pak** » 12 tracks -
CD + digital album released in 2021 via
Atypeek Music – available on
Bandcamp + usual digital platforms
(**Apple Music, Spotify, Deezer, iTunes
Store, Amazon Music, Tidal, YouTube**)

All songs by One Arm (R-L. Daniel/D.
Magnifique/R. Herry/M. Laclavère)

***Laure** (vox & lyrics, bass, sounds –
guitar on “Space is the Place” &
“Virgule”)

***Dilip** (drums, sounds – keyboards on “ESG” & “Virgule”)

***Rico** (bass & effects – oud on “ESG”)

***Marine** (electronic drums)

Special Guests :

Little Annie (cosmic vocals) on “Space is the Place”

Pierre Alex Sigmoon (kloudy bass) on “Space is the place”

DEF (kooky keyboards) on “Space is the place” & “Change”

Realaskvague (kool keyboards) on “City” and “B.O”

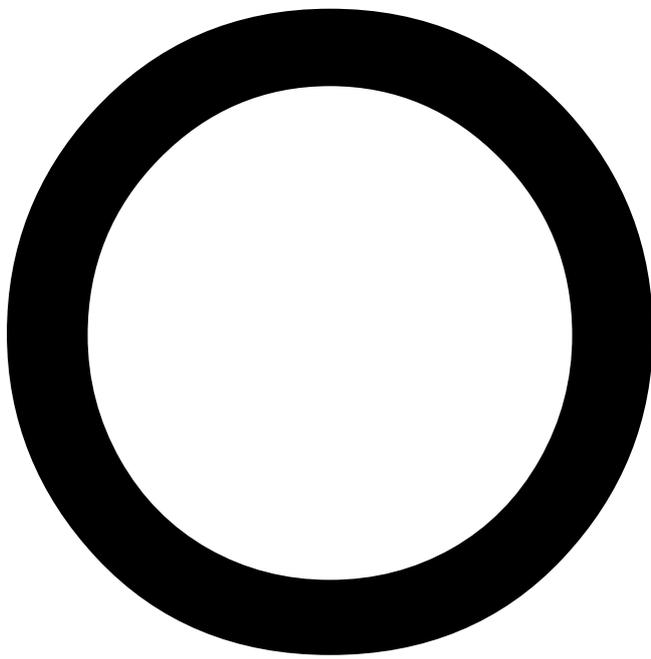


Recorded & Mixed at Le CAES/Tempo & One Arm Home by One Arm with brain help from Y.
Calvez & B. Lepasant

Mastered by Fred Alstadt at Angström Mastering & Didier Le Marchand

Cover Picture : “Diler Jigar” / **Insider Ink Drawing**: Philippe Pitet / **Artwork**: Thibault Claisse

disco₂



ne arm

The girlz

- **9-track tape « 1 »** - self-produced
- **2-track Vinyl EP « 2 »** - self-produced & sold out – rereleased in 2021 through Atypeek Music in digital version ([Bandcamp](#)) and on usual platforms ([Apple Music](#), [Deezer](#), [Spotify](#), [YouTube Music](#), [Amazon](#), [Tidal](#), etc)

& CD compilations...

« Ah quelle belle journée » (Amanita) – 2 tracks

« Fat Butt without Love » (From Belgium with Love/001) – 2 tracks

« Abus Dangereux » (mini CD dans zine) – 1 track

« Presto Catalogue » (Presto) – 1 track

« Le Tapalogue » vol. 1 — 1 track

7' EP « [treat/brilliant](#) » (Atypeek music) - available on [Bandcamp](#) & [usual digital platforms](#)

All songs by One Arm (Rose-Laure Daniel/Isabelle Vigier/Marine Laclavère)

• **Laure** (bass & vocals) / • **Isabelle** (guitar) / • **Marine** (drums)

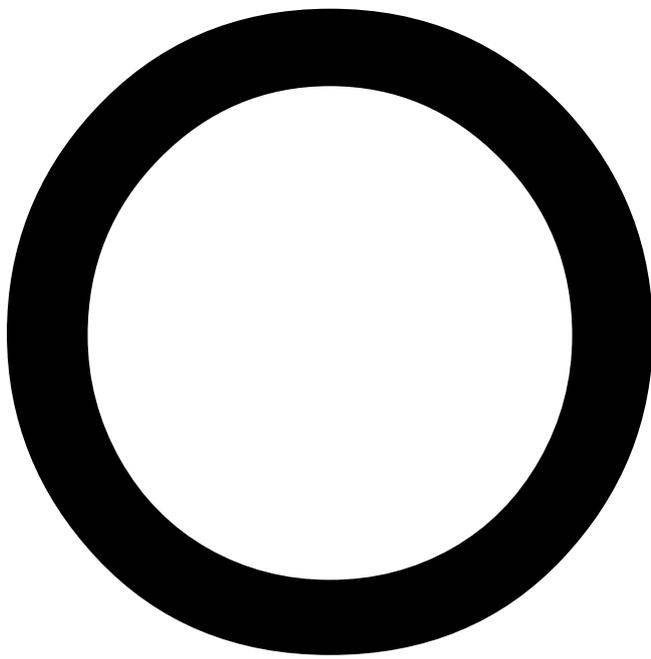
Special guests

- **In Zhe Gaza Megakitsch** (rhythm box on "Treat")
- **Dilip Magnifique** (rhythm box on "Brilliant")

Recorded & Mixed: Tempo/Le CAES / **Recording:** Dilip Magnifique / **Mix:** Colin mac Lean / **Cover drawings & silk-screen:** Pakito Bolino / **Artwork:** Isabelle Vigier



video



ne arm

real-

Images: one arm & coco de rinnez
& muriel gosse

Editing & Effects: pakito bolino
2020

<https://youtu.be/ZpqPFUdSShE>

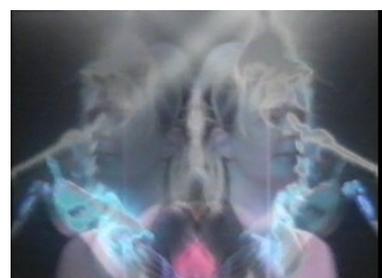


Hitch-raping

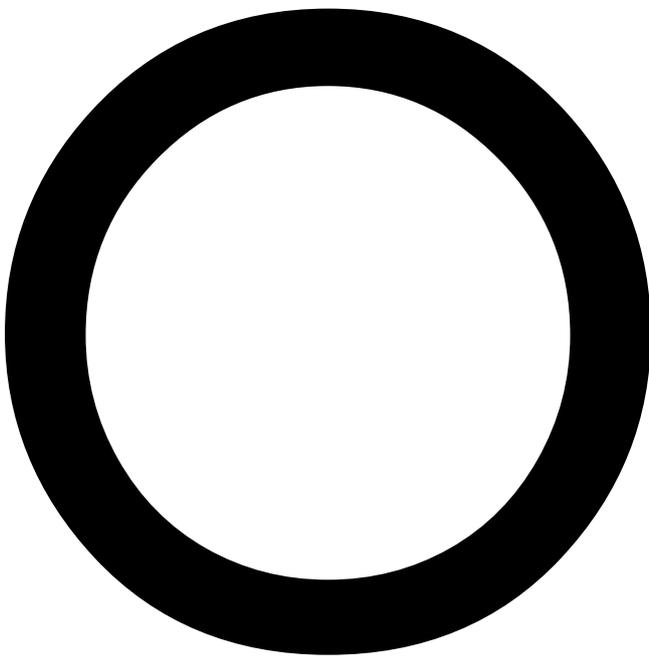
(the girlz)

live @caes—France—1994

<https://youtu.be/82GTFrtEj7I>



radio



ne arm

was played there...

Radiorock.to (Italy)

SOUNDS & GROOVES - SEASON 14

EPISODE 14: "Dark Energy" - Stefano

Santoni—02.04.2021

Oldenburg Eins 106.5 (Germany)

Soundundvison—Oliver Schaefer

29.03.2021, 21.00-00.00 - oeins.de

Radio Radio

104.5 FM Calgary, Alberta (Canada)

Mary's Web # 899 March 14/21

HORADS 88,6 Stuttgart (Germany)

Ganz weit vorn

07.03.2021

www.horads.de

Sundays 8-10 und 22-0, throughout all of March 2021 =>

Fango Radio (Italy)

Pangea #200

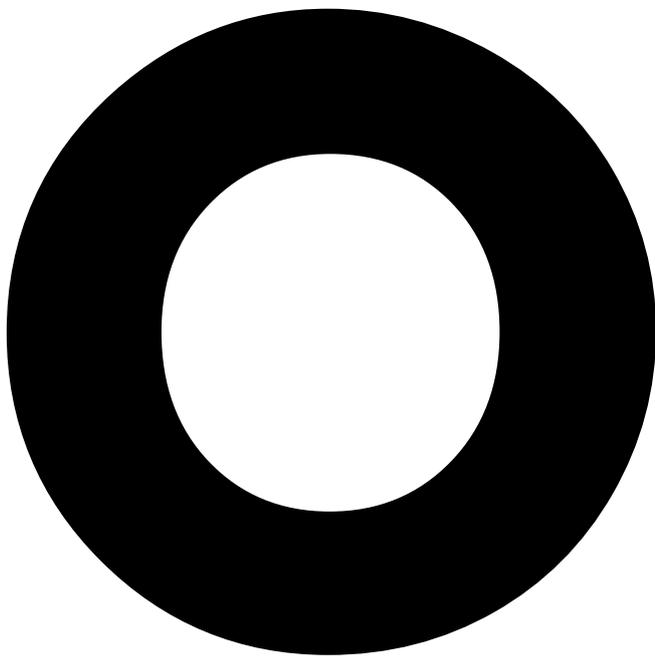
17.03.2021

www.fangoradio.com

www.mixcloud.com/alarico-mantovani/pangea-fango-radio-200/

Time	Artist	Track
08:00:08	none	00:14 horads • Radio kann man nicht studieren
08:00:22	none	00:23 Oliver Zöllner • Opener "Seltsame Entdeckungen" v.1
08:00:45	none	00:14 SE_2_1 •
08:00:59	none	03:40 Kombynat Robotron • Chandra
08:04:39	none	01:37 SE_2_2 •
08:06:16	none	03:41 One Arm • Real
08:09:57	none	00:04 Regina Spindler • Horads 88,6 Das Hochschulradio Stuttgart - Variante 1
08:10:01	none	03:48 One Arm • Space is the Place
08:12:49	none	01:24 • SE_2_3
08:15:13	none	14:26 Peter Kutin • Did Adorno Ever Read Kafka? + Clusterfuck + Beach Delete
08:29:29	none	01:43 SE_2_4 •
08:31:22	none	16:52 Trees Speak • Ohms (1-5)
08:48:14	none	00:25 SE_2_5 •
08:48:39	none	12:56 Trees Speak • Ohms (6-12)
09:01:36	none	00:32 SE_2_6 •
09:02:57	none	13:04 Trees Speak • Ohms (13-17)

radio2



ne arm

was played there...

ITALIAN NATIONAL BROADCASTING
COMPANY RAI 3

[Sei Gradi 17.03.2021, 18.00](#)

www.radio3.rai.it

Fango Radio (Italy)

Pangea #199

10.03.2021

www.fangoradio.com

www.mixcloud.com/alarico-mantovani/pangea-fango-radio-199/

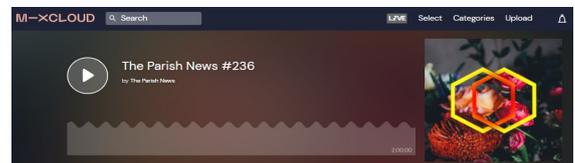
Rundfunk Berlin-Brandenburg (Germany)

[Radio Eins - Freistil](#)

10.03.2021, 23.00-01.00

12.03.2021, 01.00-03.00

www.radioeins.de



The Parish News (UK)

Resonance Extra (Friday 00:00 + Repeats), Harrogate Community Radio (Sunday 20:00), Soundart Radio (Wednesday 22:00 + Thursday 14:00) and K-BOG in Oregon (02:00 Saturdays)

www.mixcloud.com/TheParishNews/the-parish-news-236/

[Noise r'us # 156 "face on" \(Mars 2021\) - France](#)

Eldorado (Germany)

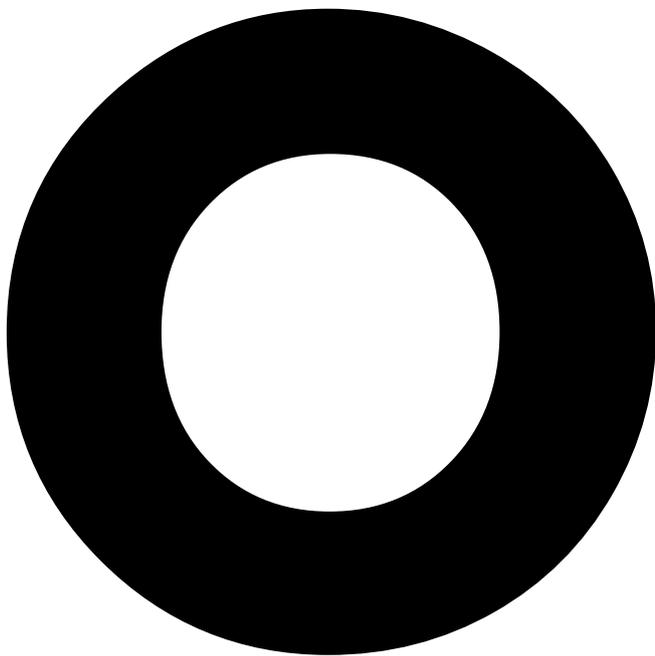
Dortmund 93.00

Klangwelten #394 + #393 — 09.03.2021 + 23.02.2021, 22:00

www.eldorado.de - Audio: kuhzunft.com/radioshow.html



radio3



ne arm

was played there...

In Memory of John Peel (UK)

20.02.2021

<https://inmemoryofjohnpeel.com>

**ITALIAN NATIONAL BROADCASTING
COMPANY RAI 3**

[Battiti 20.02.2021, 0.00 - 1.30 am](#)

www.radio3.rai.it

ITALIAN NATIONAL BROADCASTING COMPANY RAI 3

[Battiti 18.02.2021, 0.00 - 1.30 am](#)

www.radio3.rai.it

KFUEL.org (Rennes—France)

[« Kerozene » \(18 Mars 2021\) - « Il voit des EP partout »](#)

Solenopole (Canada, Belgium, Italy, Switzerland, France)

[Solenode—Grande Boucle Radiovisuelle 38](#)

FSK 93.00 Hamburg (Germany)

Doctore Xyramat

12.02.2021, 22.00 - 23.00

www.fsk-hh.org

rptd. Freies Radio Neumünster 100,8 (Germany)

15.02.2021

<https://freiesradio-nms.de>

RCV Lille 99.0 (France)

[El Réanimateur #1374—05 février 2021](#)

www.rcv-lille.com

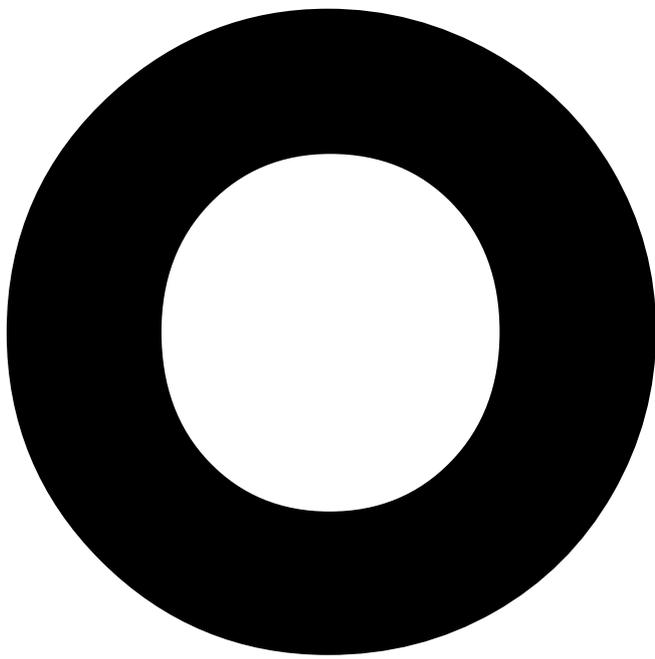
Radio Flora, Hannover (Germany)

[Hypnotizer - SoundExkursionen vom](#)

[09.02.2020](#)



press



ne arm

In the news...

[Aural Aggravation \(UK\) - click](#) - by Christopher Nosnibor—3 February 2021

Chronicle for « Mysore Pak »

« For the primitive production feel and the simplicity of basslines that just loop endlessly, Mysore Pak is so much more than a hipsterish replica of real life that skips along nicely. As accessible as this album is, it's got more depth and more instant biteback than you would ever imagine. An album that steps out of time and spans infinite time and space, it's got a lot going for it. »

[African Paper \(Germany\) - click](#)

Comeback von One Arm mit Beiträgen u.a. von Little Annie

February 5, 2021

[Alara Music](#)

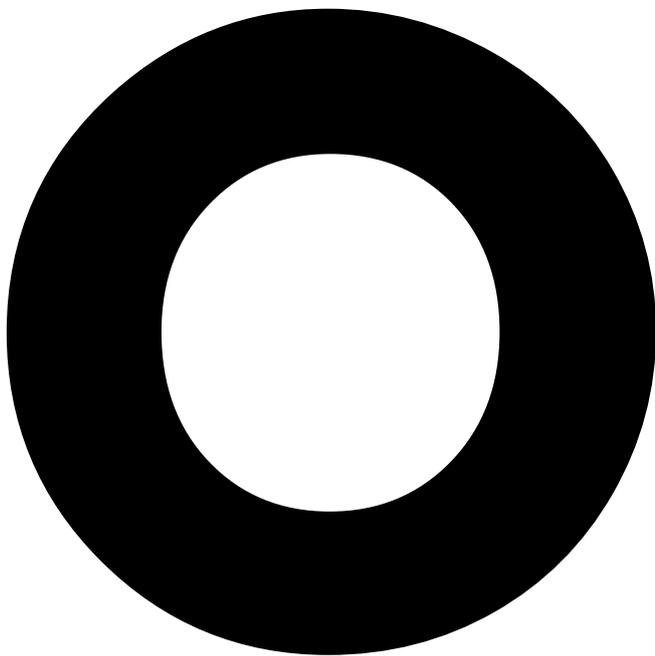
"Two drumsets, two bass guitars, field recordings and samples. Originally a three-piece girls lineup, they gently migrated into a hybrid orchestra (both organic and electronic), a band with a perfectly respected parity (two women, two men) which creates its own musical style at the crossroads of noise rock, dub, ancestral asymmetrical music, industrial music, no wave... guided by this captivating and mysterious female voice imprinted with the hypnotic calls of cold wave." *

[Muzzart magazine \(France\) - click](#)

Chronicle for « Mysore Pak »

« ... À chacun de ses titres, One Arm défie le prévisible. Soniquement schizophrène, One Arm refuse le soin. Dans sa démente, il est à sa place... »

press2



ne arm

In the news...

[Muzzart \(France\) click](#)

Interview by Will Dum—January 2021

[Muzzart \(France\) - click](#)

One Arm "Treat/Brilliant" (EP 7', Rereleased by Atypeek Music, 15 january 2021).January 21, 2021

[NITESTYLEZ.DE \(Germany\) - click](#)

« Mysore Pak » chronicle

« Recommended for fans of Vivien Goldman and likeminded artists. And everyone else. »

[Rock Obrobje \(Slovenia\) - click](#)

« Mysore Pak » chronicle

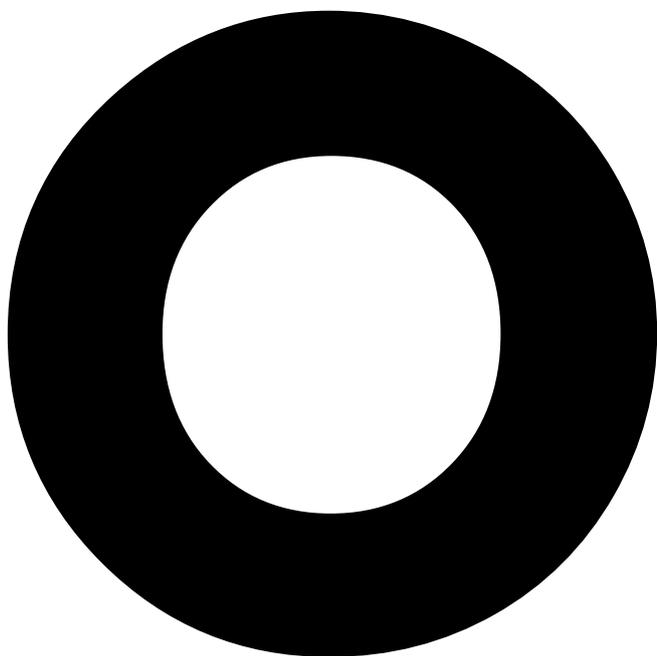
[TRUST \(Germany\) =>](#)

ONE ARM – Mysore Pak
Ungewöhnliche Besetzung:
Zwei Schlagzeuger, zwei
Bässe, Samples – und für
Konzerte stößt noch ein Gi-
tarrist dazu. Warum nur dort
– oder eben: Wofür über-
haupt? Keine Ahnung. Dafür
kommen dann auf diesem
Album noch ein paar Gäste
dazu, unter anderem Little
Annie. In reizvoll spröder,
unterkühlter No-Wave-
Ästhetik, aber nicht gar zu
drastisch dekonstruktiv prä-
sentsiert das Pariser Quartett
hier sein Debüt-Album.
Aufgenommen wurden die
zwei Songs zwischen 1998
und 2016. Manches erinnert
an Sonic Youth, „Space Is
The Place“ verneigt sich vor
Sun Ra. (stone)
Alara Music



Trust | D | 04/21 | 3.000 | dense |

press3



one arm

in the news...

[MusicMap \(Italy\)](#) [click](#)

« Mysore Pak » Chronicle—March 2021

« *Descrivere gli ingredienti qui è poca cosa ; è il tentare di spiegare come sono stati messi, che è difficile, ma è quello che rende particolare questo disco oscuro ma pieno di creatività. »*

[BlowUp \(Italy\)](#)

« Mysore Pak » Chronicle—March 2021

« With two bass, two drums, an electronic frame-up and a repertoire flowing in mid-tempo on a motorway lined with kaleidoscopic landscapes, a mechanism overcast by a clever and repetitive chant, the melodic ambiance of their new songs is... unstoppable. » [Un Ortie Show](#)

« ... From simple and superfluousless visuals to the quality of sound, one arm leads us through their magic and fluid dreams, like pure water drops.. » [Foes-tustriel](#)

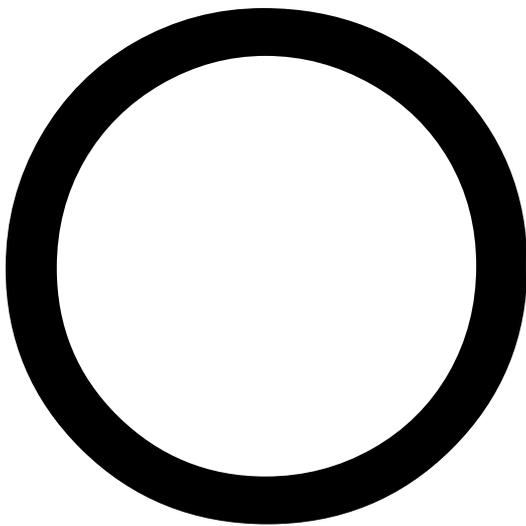
« Hypnosis, always, rythmical obsession, samples perfectly fitting in an impressionist world, creative glimpses, dotted, electro kludges to better wreak havoc and make one lose every notion of time and space, twisted rythm science, tangled, strangely groovy groove, sickly tribal, female ghostly chant that makes you high, quaint charm and footloose, One Arm is still unequalled... » [Pertes et fracas](#)

POST PUNK
One Arm
Mysore Pak • CD Atypick Music • 128-51-45

Si chiamano Laure (voce, basso, suoni), Dilip (batteria, suoni), Rico (basso ed effetti) e Marine (batteria elettronica). Due bassi, due batterie, voce e 'suoni', vale a dire field recordings e sample. Un singolo nel 1994 (ripubblicato due mesi fa), una cassetta e poi solo qualche registrazione sparsa che oggi, insieme ad altre fatte appositamente per l'occasione, diventano il primo album della band. Poco più è dato sapere di questa sorprendente formazione francese che suona un bel post-punk con argomenti quali violenza domestica, solitudine urbana, sottobosco al confine tra legale e illegale, patriarcato e il resto dell'eccezione eccetera di grammatica wave-femminista. Ecco: un memorabile caramello funk metallico che sarebbe un hit istantaneo se il mondo girasse per il verso giusto, e non è un consueto modo di dire (Real), qualche galoppata wave con motorizzazione kraut e trapani effettati (l'omaggiante ESG, Virgule, la trascianite frizantata City), una ballad dagli accenti industrial-pop (Space Is The Place con ospite Little Annie - non c'entra niente con Sun Ra), poi un'altra più tesa e arrangiata in maniera bizzarra con archi, voci travolte e rumori da videogioco (One Arm) o come un girotondo cantilena da favola dark (Fiddle), un'horrorifica radura strumentale ambient-percussiva disturbata da voci sparse e synth che gonfia (B.O.) e poi un altro strumentale dai toni space/sci-fi (Change) un paio di magnifici simili-dub numeristi (Hick-Hacking, Step 2) e la loro nemesi che ne costipa il ritmo in sequenza febbrile seguendo le medesime coordinate - sample, effetti di ogni tipo, echi, rimbaldi, voci da maezzin, chitarre - per trasformare la magnificenza in piccolo capolavoro (Top Time). Grande capacità di organizzare i suoni, scrittura all'altezza di tempi migliori, suono d'ispirazione tra primi '80 e primi '90 ma nondimeno molto (per chi li ricorda può far venire in mente anche i Moonshako) fanno di questo disco una sorpresa veramente molto convincente. (8) [Stefano I. Bianchi](#)

Blow Up | IT | 03/21 | 12.000 | [listen](#) |

press4



one arm in the news...

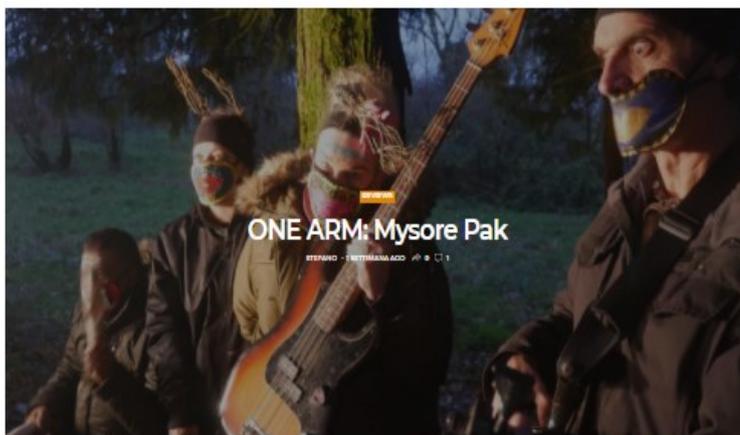
[Ondarock \(italy\) click](#)

« Mysore Pak » Chronicle—April 2021

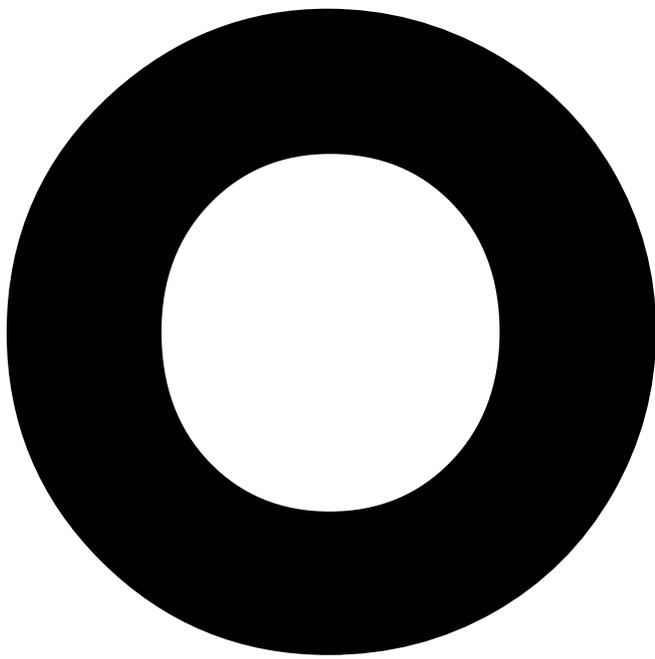


The screenshot shows a web browser interface with a navigation bar at the top containing links like HOME, SEZIONI, RECENSIONI, etc. The main content area features the album cover for 'One Arm' by Mysore Pak, released in 2021. Below the cover is a list of tracks: 1. Real (3:44), 2. ESG (3:36), 3. Space Is The Place (3:52), 4. Figure (3:42), 5. Fiddle (3:42), 6. City (4:19), 7. B.O. (3:29), 8. Change (4:25), 9. Hitch (4:20), 10. Top Tone (7:45), 11. Step 3, 12. Virgule. A 'Tracklist' sidebar is visible on the right. The article text discusses the band's history, their hiatus, and the release of this new album.

[Sounds & Groove \(italy\) click—april 2021](#)



links



ne arm

stay connected...

one arm—bandcamp

<https://onearm.bandcamp.com/>

Website (*in the making*): onearm.net

ONE ARM - « Mysore Pak » to digital platforms: <https://orcd.co/1ne7rmv>

ONE ARM « Treat/Brilliant » (EP) to digital platforms:
<https://orcd.co/j30ep1>

ONE ARM – « Mysore Pak » to YouTube Full Album:
<https://youtu.be/32k4I8W0E64>

Link our video clips:

« Real » (from the "Mysore Pak" album) + « Hitch-Raping »

https://www.youtube.com/channel/UCM9s_t155QKZh37-HAOhV_A

Link to Instagram:

https://www.instagram.com/onearm_music/

Link to Facebook—group:

<https://www.facebook.com/groups/160801010820>

Link to Facebook—page:

<https://www.facebook.com/onearmmusic>

Email: onearm.muzik@gmail.com



Logo: ©Alexios Tjoyas

an **e a r d r e a m** production



« And you Move while I'm Still

Down on the Quiet

Pushing on fast in your Money town

And I Watch while you Race

Down on the Quiet

Down on the Quiet

Feeling so Far... »

©one arm—space is the place



© Philippe Pitet

an **e a r d r e a m** production